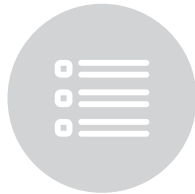




## PATIENT INSTRUCTIONS

### URINE FOR CYTOLOGY



#### Procedure:

Collect three specimen jars from your clinician or Metropath Collection Centre.

Do not collect the first time you pass urine in the morning. Increase your fluid intake over the next few hours.

Collect your next urine in the container provided. About 70mL of urine is required. Secure the lid firmly.

Number and date each collection on the containers

Write your surname, given name, and date of birth on each container.

Deliver to your clinician or Metropath Collection Centre. If the delivery is delayed please refrigerate the specimen.

Repeat steps above on days two and three. The samples do not need to be collected on consecutive days



#### Equipment:

3 x 250 mL Sterile Containers

Please note:

Take care to ensure that the lids of all urine containers are threaded correctly and tightly closed before delivery to your clinician or Metropath Collection Centre.

The specimen reception staff are required to check your details listed on the specimen jar against those details on the pathology request form to ensure the sample is matched to the doctor's request. This is done to ensure the safety and security of reporting your results.

For more information, please call our laboratory staff on 03 9421 1399

*If you would like your urine collected, or would like to speak to a staff member, please call 03 9421 1399*